**External Support Resources**

This document is designed as a starting point to identify resources external to the university. Please note that each agency is listed according to its primary resource but may provide multiple assistance types. For example, the Cooperate Emergency Outreach (CEO) agency offers rental assistance and prescription vouchers, but is listed under “Housing.” Please scan the entire document or use a keyword search to ensure that all resources are identified.

What this is: A categorized list of external resources that address basic needs and wellness in Northwest Arkansas. All services, unless otherwise noted, are available at no cost to the individual.

What this is not: A comprehensive list of every agency and organization providing basic needs support in Arkansas.

*See an error or want to add a resource to the list?* [*Complete this form!*](https://forms.office.com/r/pefdDp8BgQ)

**Housing**

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| **Agency**  | **Address**  | **Phone/ Email/ Website**  | **Days/Times Available**  | **Assistance Offered**  | **Requirements**  |
| Cooperative Emergency Outreach (CEO)  | 1649 E. Huntsville Rd, Fayetteville, AR  | 479-444-7500  | MWF 1-3 PM  | Food, Gas Vouchers, Clothing Vouchers, Utility Assistance, Rental Assistance, Prescription Vouchers  | Must be resident of Washington Co.  |
| HARK NWA  | N/A  | <https://www.harknwa.com/>  | N/A  | Rental assistance, resource connection, case worker type assistance  | Unknown  |
| Second Mile Ministry  | Heritage Hall 333 W. Maple St Fayetteville, AR  | 479-521-4787 secondmile@ubcfayettevill.org  | MWF 9-12  | Rent Assistance, Utility Assistance, Food, Clothing  | Unknown  |
| Bread of Life  | 208 W. Emma Ave. Springdale, AR  | <https://firstchurchspringdale.org/bol/>  | WTh: 9am-11:30 am  | Food Pantry, Rental Assistance, Utility Assistance  | Live in Springdale Have a notice of eviction or disconnect  |
| Salvation Army  | 219 W. 15th St. Fayetteville, AR  | 479-521-2151  | M-F: 9am-4pm  | Food Pantry, Rental Assistance, Utility Assistance  | Appointment only    |

**Utilities**

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| **Agency**  | **Address**  | **Phone/ Email/ Website**  | **Days/Times Available**  | **Assistance Offered**  | **Requirements**  |
| Salvation Army- Fayetteville  | 219 W. 15th St, Fayetteville, AR  | 479-521-2151  | MWF 9am-4 PM TTH 1-3 PM  | Electric Bill Assistance (SWEPCO or Ozarks Electric only)  | Bill must not be more than $250. You must call to schedule an appointment.  |
| Economic Opportunity Agency (EOA)  | N/A  | 479-872-7479 liheap@eoawc.org <https://eoawc.org/assistance-programs/liheap/>  | Office Hours: M-Th: 8am-3pm F: 8am-12 pm  | Energy Assistance  | Must complete online Energy Assistance Application Additional requirements online  |
| Bread of Life  | 208 W. Emma Ave. Springdale, AR  | <https://firstchurchspringdale.org/bol/>  | WTh: 9am-11:30 am  | Food Pantry, Rental Assistance, Utility Assistance  | Live in Springdale Have a notice of eviction or disconnect  |
| Laundry Love  | Wash-a-Rama 549 W. 15th Fayetteville, AR  | 479-466-5355 Allison Slankard Aslank23@gmail.com  | 1st Friday of the month: 5pm-7pm  | 3 Free Laundry Loads, Detergent provided if needed, and a hot meal  | Unknown  |
| Second Mile Ministries  | Heritage Hall, 333 W Maple St. Fayetteville, AR  | 479-521-4787 <https://ubcfayetteville.org/second-mile-ministry/>  | MWF: 9-12  | Rent Assistance, Utility Assistance, Food, Clothing  | Unknown  |
| Cooperative Emergency Outreach  | 1649 E Huntsville Road Fayetteville, AR  | 479-444-7500 <https://www.fupcfay.org/serve/cooperative-emergency-outreach/>  | MWF: 1-3  | Food, gasoline vouchers, clothing vouchers, utility assistance, rental assistance, and prescription vouchers  | Unknown  |

**Food**

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| **Agency**  | **Address**  | **Phone/ Email/ Website**  | **Days/Times Available**  | **Assistance Offered**  | **Requirements**  |
| NWA Food Pantry  | Changes- Mobile Food Pantry  | Nwafoodbank.org  |   | Food Pantry  | Unknown  |
| Lifesource  | 682 S. Lt. Col Leroy Pond Ave. Fayetteville, AR  | 479-521-4000  | MWTh: 8:30-11:30 am M: 6-7 pm Th: 6-7 pm  | Food Pantry  | Unknown  |
| Compassion Center (Fayetteville)  | Cross Church Fay 2801 W. McMillan Dr. Fayetteville, AR  | 479-717-5630 Weare479.com  | 3rd Friday of every Month: 9 am  | Food Pantry  | Bring your ID Prefer for you to make an appointment online  |
| St. Paul’s Episcopal Church  | 224 N. East Ave Fayetteville, AR  | <https://www.stpaulsfay.org/>  | MW 11:30 am-12:30 pm  | Food Pantry  | Unknown  |
| St. James Missionary Baptist Church  | 115 S. Willow Ave, Fayetteville, AR  | <https://stjbc.org/ministries/community-outreach/>  | T: 11:00 am- 1PM  | Food Pantry  | Complete application online  |
| Trinity United Methodist Church  | 1021 W. Sycamore St. Fayetteville, AR  | 479-530-4395  | W: 3:30 pm- 7:30 pm  | Food Pantry  | Unknown  |
| West Ridge Church Food Pantry  | 4596 W. Wedington Dr. Fayetteville, AR  | 479-521-4722  | 3rd Friday of the Month 11:30 am- 1:30 pm  | Food Pantry  | Unknown  |
| Banford House  | 3281 W. Mt. Comfort Rd. Fayetteville, AR  | 479-442-9171  | W: 9am-11 am  | Food Pantry  | Call for Appointment  |
| Salvation Army  | 219 W. 15th St. Fayetteville, AR  | 479-521-2151  | M-F: 9am-4pm  | Food Pantry, Rental Assistance, Utility Assistance  | Appointment only  |
| Bread of Life  | 208 W. Emma Ave. Springdale, AR  | <https://firstchurchspringdale.org/bol/>  | WTh: 9am-11:30 am  | Food Pantry, Rental Assistance, Utility Assistance  | No requirements for food pantry   |
| Compassion Center  | 3157 W. Sunset Ave. Springdale, AR  | 479-717-5630 Weare479.com  | M-T: 4-6:30 pm W-Th: 9-11:30 am  | Food Pantry  | Bring your ID Prefer for you to make an appointment online  |
| Full Circle food pantry  | 324 Stadium Drive Fayetteville, AR  | 479-575-7693 <https://service.uark.edu/services/pantry/>  | M: 11-3 W: 3-6 TH: 10-2  | Food Pantry  | Bring your UAID  |
| SNAP  | N/A  | <https://www.samcc.org/wp-content/uploads/2023/10/NEW-English_SNAP_plus_-Application.pdf>  | Any time  | Supplemental nutrition assistance program, food benefits  | Not for persons on student visas to the U.S.  |
| Cooperative Emergency Outreach  | 1649 E Huntsville Road Fayetteville, AR   | 479-444-7500 <https://www.fupcfay.org/serve/cooperative-emergency-outreach/>   | MWF: 1-3   | Food, gasoline vouchers, clothing vouchers, utility assistance, rental assistance, and prescription vouchers  | Unknown  |
| Harmon United Methodist  | 19032 Harmon Road Fayetteville, AR  | 479-306-4955 <https://www.findhelp.org/provider/harmon-united-methodist-church--fayetteville-ar/4514972464578560?postal=72701>  | 3rd Wednesday of the month 9 am – 11 am  | Food Pantry  | Unknown  |
| Hope for the City  | 613 S College Ave Fayetteville, AR  | <https://www.crosschurch.com/fayetteville/hopeforthecity/>  | W: 12-1 Sat: 8-10  | Community Meal  | Unknown  |
| Center Street Church of Christ  | 310 W Center Street Fayetteville, AR  | 479-442-8752 <https://www.findhelp.org/provider/center-street-church-of-christ--fayetteville-ar/5279241501540352?postal=72704>  | M-F: 8:30-4:30  | Food Pantry  | Individuals can access this program once a day, everyone is eligible  |
| Central United Methodist Church  | 205 MLK Blvd Fayetteville, AR  | <https://centraltolife.com/engage/missions-and-outreach/>  | MW: 10-2 TTH: 11:30-12:30  | Community and Grab and Go Meals  | For anyone  |
| Mount Comfort Church: Banford House  | 3249 W Mt. Comfort Rd. Fayetteville, AR  | <https://www.mountcomfort.org/banford-house/>  | W: 9-11  | Food Pantry  | Unknown  |
| 7 Hills  | 1832 S School Ave Fayetteville, AR  | <https://7hillscenter.org/>  | M-F: 8:30-3  | Food Pantry  | Unknown  |
| Second Mile Ministries  | 333 W Maple St Fayetteville, AR  | <https://ubcfayetteville.org/second-mile-ministry/>  | MWF: 9-12  | Food Pantry  | Unknown  |
| International Grocery markets  | Depends  | <https://www.fayetteville-ar.gov/3535/International-Groceries>  | Depends  | DIfferent foods, ingredients, groceries  | Unknown  |

Additional locations outside of Fayetteville- <https://www.nwafoodbank.org/find-food#googtrans(en|en>)

**Medical**

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| **Agency**  | **Address**  | **Phone/ Email/ Website**  | **Days/Times Available**  | **Assistance Offered**  | **Requirements**  |
| UARK Psych Clinic  | 111 Memorial Hall Fayetteville, AR  | 479-575-4258 <https://psychclinic.uark.edu/>  | M: 8:30-5 T-TH: 8:30-7 F: 8:30-5  | Evaluations (ADHD, Autism, Personality, etc.), therapy, and skills training (stress management, parenting, etc.)  | Costs and fees: * 50-minute therapy session: $15
* Specialized evaluations: $200-$550
 |
| No Suprises  | N/A  | <https://www.cms.gov/nosurprises>   | N/A  | Ending surprise medical bills  | Unknown  |
| WelcomeHealth  | 1100 N. Woolsey Ave. Fayetteville, AR  | 479-444-7548 <https://www.welcomehealthnwa.org/>  | M: 8:30-3 T-W: 8:30-4 TH: 4-8 F: 8:30-12  | Medical Care: gynecology, immigration exams, physical therapy, etc. Dental Care: exams, extractions, X-rays, etc.  | Services are FREE!  |
| Washington Regional Medical Center Financial Assistance  | 3215 N Northhills Blvd Fayetteville, AR  | <https://www.wregional.com/Uploads/Public/Documents/Financial_Assistance_Charity_Care_policy_1.02_English.pdf>  | N/A  | Emergency medical conditions and medically necessary services  | Patients who reside within the WRMC primary service area who are unable to pay their hospital bills due to difficult financial situations  |
| Arkansas State Health Department Washington County  | 3270 Wimberly Drive Fayetteville, AR  | <https://www.healthy.arkansas.gov/health-units/detail/washington-county-health-unit-fayetteville>  | M-F: 8-6  | Community services, environmental health, family health, HIV/sexually transmitted diseases, immunizations, public health preparedness, TB program, vital records, and WIC  | Unknown  |

<https://alleviant.com/comprehensive-psychiatry/>

**Computer/Electronic**

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| **Agency**  | **Address**  | **Phone/ Email/ Website**  | **Days/Times Available**  | **Assistance Offered**  | **Requirements**  |
| Book a Librarian  | 401 W Mountain St Fayetteville, AR  | <https://www.faylib.org/book-a-librarian>  | N/A  | Discovering new content, starting your resume, learning one of the library’s databases, learning the basic functions of a computer, website, or Microsoft software, etc.  | Unknown  |
| Free Geek  | 521 W Ash St Fayetteville, AR  | 479-966-9512 <https://www.freegeekarkansas.org/>  | W-Sat: 12-6  | Reuse/recycle technology, provide access to computers, internet, and education and job skills through volunteering  | Unknown  |

**Legal Assistance**

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| **Agency**  | **Address**  | **Phone/ Email/ Website**  | **Days/Times Available**  | **Assistance Offered**  | **Requirements**  |
| Washington County Public Law Library  | 4 S College Ave Suite 101 Fayetteville, AR  | <https://www.washingtoncountylawlibrary.org/>  | M-F: 8-4:30  | N/A  | Unknown  |
| University of Arkansas School of Law Legal Clinics  | 1045 W Maple St Fayetteville, AR  | 479-575-3056 <https://law.uark.edu/service-outreach/clinics/index.php>  | N/A  | Civil Litigation and Advocacy Clinic, Criminal Practice Clinic, Bankruptcy Clinic, Human Trafficking Clinic, Immigration Clinic, and Non-Profit Clinic  | Unknown  |
| 4th District Prosecutor’s Office Victim Assistance Program  | 280 N College Ave Suite 301 Fayetteville, AR  | 479-444-1570 <https://www.washingtoncountyar.gov/government/departments-f-z/prosecuting-attorney/victim-assistance>  | N/A  | Information/education about the criminal justice system, escort to hearings/trials, advocacy, etc.  | Unknown  |
| Arkansas Free Legal Answers Civil Legal Questions  | N/A  | <https://ar.freelegalanswers.org/>  | N/A  | A virtual legal advice clinic  | Unknown  |
| Arkansas Law Help  | N/A  | <https://www.arlawhelp.org/>  | N/A  | Free legal aid, legal information, housing assistance (renting, buying a home, foreclosure, etc.), family assistance (divorce, protection from violence or abuse, child support, adoption, etc.), individual assistance (LGBTQ+ resources, employment, protection from violence or abuse, etc.), and money assistance (debt, taxes, loans, etc.)  | Unknown  |
| Legal Aid of Arkansas  | N/A  | 1-800-952-9243 <https://arlegalaid.org/>  | N/A  | Free legal services  | Low-income Arkansans with civil legal problems  |

**Other**

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| **Agency**  | **Address**  | **Phone/ Email/ Website**  | **Days/Times Available**  | **Assistance Offered**  | **Requirements**  |
| Fayetteville Public Library Community Resources Wiki  | N/A  | <http://faylib.pbworks.com/w/page/6936341/FrontPage>  | N/A  | So many!! AA, animal services, book binders, ballroom dancing, clothing aid, canopy NWA, DHS, garden clubs, immigration office, LGBTQ+ resources, medical aid, and so much more!  | Unknown  |
| State Senator  |   |   |   |   |   |

**Need help finding other resources?**

* Arkansas 211: <https://211arkansas.org/> - The free, confidential, 24-hour-a day, multilingual way to connect individuals and families to critical local resources. These include food, shelter, rental assistance, childcare, and more. Arkansas 211 helps callers navigate their situation and then matches them with the best and closest resources in their community.
* [Additional Resources - Samaritan Community Center (samcc.org)](https://www.samcc.org/additional-resources/) – Resources for Benton and Washington Counties.